



Spa Academy Askern - School Dinner Menus 2020



WEEK ONE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 31.08.20 / 21.09.20 / 12.10.20 / 09.11.20 / 30.11.20	Red Meal Choice	Chicken Goujons	Sausages	Gammon	Chicken pasta in tomato sauce	Fish fingers
	Blue Meal Choice	Tomato & Cheese Pizza	Grab bag (tuna or cheese sandwiches)	Ham/cheese bagels	Grab bag (ham or egg sandwiches)	Ham & cheese panini
	Vegetables & Sides	Potato wedges Baked beans Peas	Creamed potatoes Carrots Cabbage	Roast potatoes Cauliflower Broccoli	Garlic bread Carrots Garden peas	Chips Mushy peas Sweetcorn
	Dessert	Chocolate sponge & custard Iced sponge	Ice cream tub Whirl Assorted bun	Jam sponge & custard Cheesecake	Iced cake Rice pudding	Chocolate crunch & custard Cream cake

WEEK TWO		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 07.09.20 / 28.09.20 / 19.10.20 / 16.11.20 / 07.12.20	Red Meal Choice	Chicken in a bun	Minced beef & Yorkshire pudding	Chicken curry and rice	Sausages	Battered Fish
	Blue Meal Choice	Grab bag (ham or egg sandwiches)	Chicken wrap	Tomato & Cheese Pizza	Grab bag (tuna or cheese sandwiches)	Ham & cheese panini
	Vegetables & Sides	Potato wedges Baked beans Peas	New potatoes Carrots Cabbage	Rice Carrots Peas	Roast potatoes Cauliflower Broccoli	Chips Peas Sweetcorn
	Dessert	Lemon curd sponge & custard Muffin	Viennese tart & custard Buns	Rice crispie crunch Iced cake	Marble sponge & chocolate sauce Cheesecake	Jam roly poly & custard Jelly & fruit

WEEK THREE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 14.09.20 / 05.10.20 / 02.11.20 / 23.11.20 / 14.12.20	Red Meal Choice	Beef burgers in a bun	Roast pork & stuffing	Spaghetti bolognese	Sausage roll	Fish star
	Blue Meal Choice	Grab bag (ham or egg sandwiches)	Chicken Wrap	Tomato & Cheese Pizza	Grab bag (tuna or cheese sandwiches)	Pepperoni or cheese panini
	Vegetables & Sides	Potato wedges Baked beans Peas	Creamed potatoes Cauliflower Broccoli	Garlic Bread Carrots Peas	Creamed potatoes Carrots green beans	Chips Mushy peas Baked beans
	Dessert	Apple cornflake tart & custard Muffin	Bakewell tart Jam & Cream scone	Chocolate crunch & custard Iced sponge	Pineapple shortcake & custard Buns	Orange sponge & chocolate sauce Jelly & fruit

Fresh fruit salad, yoghurts and a drink & biscuit are available daily as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.

* Vegetarian option available to pre-order. Menu is subject to availability.